

TRUFFLEMAGIC

FOR MAGIC MOMENTS

SCLEROTIA INFORMATION FLYER

Sclerotia, also known as Philosopher's Stone, *Psilocybe hollandia*, *Psilocybe atlantis*, *Psilocybe tampanensis*, *Psilocybe pajaritos*, *Psilocybe mexicana*, or magic truffles are a mild hallucinogenic natural product.

They act on the consciousness giving a more intense conscious experience of the world and circumstances around. Many users find this experience wholesome and very valuable.

It is important, though, to consider that taking sclerotia may lead to a confrontation with yourself, allowing hidden emotions to come out in the forefront including feelings of fear, anguish or panic. In order to prevent such experiences it is advisable to use sclerotia only when you are feeling well and comfortable in trusted and familiar circumstances at home or in nature and in good company.

The effect of taking sclerotia start after half an hour and may take up to six hours. The effects come and go in a wave-like movement and may fluctuate between moments of euphoria and moments of uncertainty.

Taking food has an effect. On an empty stomach the effects of taking sclerotia will be more intense. There are various kinds of sclerotia available and it is important to read about their specific effects and strength.

If you are a first time user it is strongly recommended to take the sclerotia in the presence of an experienced user who should stay sober.

Take sclerotia only if and when you have no further commitments for the next day allowing sufficient time to digest the impressions and experiences.

Psilocybe hollandia
FOR DEEPEST MOMENTS



Psilocybe atlantis
FOR CREATIVE MOMENTS



Psilocybe tampanensis
FOR PHILOSOPHICAL MOMENTS



TRUFFLEMAGIC

FOR MAGIC MOMENTS

WARNING

Do not use sclerotia in combination with alcohol and/or drugs, medication, if you are under psychic treatment or if you are pregnant. Wait a few hours after the end of the effects of taking sclerotia before participating in traffic.

[What to do if somebody experiences difficulties despite these directions for use?](#)

- Look for a quiet spot and calm the person involved. Explain that the undesirable effects are only temporary and that they will fade away.
- Give lots of sugar or sugary substances, preferably tea with lots of sugar or fructose.
- In some smartshops so called 'stoppers' are available which will help to overcome the situation.
- If such measures are to no avail telephone the emergency line 112 and ask for an ambulance. Explain to the ambulance staff the situation and give as much information as possible such as the amount of sclerotia taken and when and also if there are other drugs, alcohol or medication involved.

For more information about sclerotia read our weblog articles and the frequently asked questions.

The best advice we can give is to relax. Let it all happen and do not be afraid. Enjoy it!

Psilocybe pajaritos

FOR FLOATING MOMENTS



Psilocybe mexicana

FOR SOCIAL MOMENTS



For more information [check out the articles in the weblog](#) or [read the frequently asked questions](#).

Kind regards,

www.trufflemagic.com